# Offering the Bronze Duke of Edinburgh Award with the Diocese of Chichester 2022-2023

Thankyou for your interest in running a Bronze Award group in your parish/youth group.

The idea of running the award like this is that it

- To offer young people a valuable and enriching experience
- To help foster quality, meaningful, positive relationships between young people and between young people and their youth workers / adult helpers
- To foster a sense of independence and maturity
- To give churches something interesting to offer young people that they are in contact with

The central diocesan team of volunteers organises and runs the expedition section.

The local groups are responsible for staying in contact with the young people in their group, organising planning or training sessions when necessary and fostering positive relationships and reflections. The local group is also responsible for seeing that the young people complete the other three sections, skill, physical and volunteering.

With that in mind the **minimum number of young people** (school year 9 and above) that you need is **five**. If you have less than five then you might be able to join with another group if there is one nearby. There are between five and seven young people in a DofE team.

The **minimum number of committed adults** you need to put forward is **1:7**. They don't need any experience they just need to be keen and willing. They will need to satisfy your parish safeguarding requirements which you are responsible for. If they also volunteer on the expeditions (quite likely) then they may need to do some diocesan safeguarding as well.

The core team will be able to answer your questions and support you all the way through.

## **Key Dates for the expedition section (Items in red are still to be finalised)**

Dates and times	What?	Where
November 20 <sup>th</sup> 3pm	New Bronze cohort intro	Church House, Hove
February 24 <sup>th</sup> - 25 <sup>th</sup>	Bronze training residential (24hrs) Overnight Friday until Sat pm	Hillside, Small Dole
March 5th 1200-1600	Bronze training walk	TBC
April 1 <sup>st</sup> – 2 <sup>nd</sup>	Bronze training Expedition	TBC
w/b 5 <sup>th</sup> June	Bronze planning meeting	
wb 12 <sup>th</sup> or 19 <sup>th</sup> June	Bronze planning (local)	
1 <sup>st</sup> June	Bronze planning deadline	
15 <sup>th</sup> - 16 <sup>th</sup> June	Bronze Qualifying Expedition	
24 <sup>th</sup> July	Bronze group presentations	Church House, Hove

#### What's involved?

Volunteering	Physical	Skill
Give time to help people, the community or society, the environment or animals without getting paid.	Any sport, dance or fitness activity – anything that requires a sustained level of physical activity. It must be outside of your normal school lessons.	An activity that will allow you to prove you have broadened your understanding and increased your expertise in your chosen skill. It should not be a physical activity.
Common examples	Common examples	Common examples
Charity Shop. Helping at church.	Football. Dance. Parkrun.	Musical instrument. Cooking.
Supporting a younger section of a club. Litter picking.	Gymnastics.	Chess. First aid. Choir. Drama.

One of these sections must be for six months and the other two for three months. They should be for the equivalent of an hour a week (including preparation or training)

#### Expedition

Training in – navigation, equipment choice, campcraft, cooking, first aid

Practice expedition – two days and one night self-sufficient expedition

Qualifying expedition – two days and one night unaccompanied self-sufficient expedition (assessed)

the core team plans and delivers the expedition section for all local groups (with your help of course!)

More information here - https://www.dofe.org/do/sections/

### What does it cost?

We ask the young people to pay £60 to cover the cost of registration, insurance, hiring rooms and campsites, volunteer expenses and other expedition costs. It includes the loan of some equipment: tents, maps, compasses, first aid kits, emergency shelters, stoves and gas. We also have some expedition backpacks that we can loan out. It covers the Friday evening meal on the training residential.

This does not cover their personal food for any of the walks or expeditions. They will also need to buy or borrow the equipment needed for this kind of activity. We hope that churches would support young people who might struggle to afford equipment. We do not have a budget for that centrally but if someone is really stuck please let us know and we'll work something out.

Churches may feel that they want to subsidise or fundraise to make it cheaper for the young people, that is down to you.

We ask churches to pay the cost of one participant (£60) as a registration fee this is to help cover the registration fees that we have to pay to DofE.

#### Who is on the core team?

**Dan Jenkins** – Diocesan Youth Officer (project lead and safeguarding officer)

Revd Steven Emerson – Qualified Mountain Leader with many years of DofE experience (technical lead)

Lee Buck – Youthworker at Horsham Parish Church, recently completed Lowland Expedition Leader Award

Jane Perry – Many years scouting experience and programme lead in Lewes

Mark Potter – Long distance hill runner and all-round nice guy.