

Week 6 - The NT Letters

Hear the Word of the Lord

A Lent course for the Diocese of Chichester's
Year of the Bible

For youth



DIOCESE OF
CHICHESTER

TO KNOW • LOVE • FOLLOW JESUS



YEAR OF THE BIBLE 2017

Week 6 - The NT Letters

○ Aim

To understand what other books make up the New Testament, where they come from and what they're good for. For young people to feel they are a part of something thousands of years old that goes right back to Jesus and the first apostles.

○ Learning outcomes

- Christians are called to live differently.
- We are worshipping all the time.
- What we focus our hearts on is what we worship.
- We are transformed by the Holy Spirit.
- The church is God's hands and feet here on earth.
- We ARE the church.

○ Materials Needed

Variety of building materials including: string, newspaper, tape, spaghetti, rubber bands, cocktail sticks and anything else you can find that could be used for building.
LOTS of marshmallows.

Paper face masks or paper plates and large rubber bands/string for making face masks.
Scissors.

Pens/pencils/crayons.

Camera/camera phone.

Self adhesive foil sheets - available on amazon or ebay or from your local craft shop.

○ Video - 5 mins

Week 6 - Paul Feesey

This video can be found online at youth.chichester.anglican.org/lent/videos

It's up to you where in the session you use the video but either right at the start or after the icebreaker are both good places.

Start with prayer...

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○ Bible Passage - 5 mins

The Bible passage can be read aloud from the front by the session leader or by one of the young people. Alternatively you may want young people to read a verse each around a circle or do something completely different, that's fine.

It might be fun to start with a game of **Bible cowboy**. You will need every young person to have a physical Bible. Every young person stands up with a Bible balanced on their head and takes the cowboy duel stance. The Bible reference is read out or placed on a screen where everyone can see it. When the leader shouts DRAW it's a race to be the first person to find the passage and bring their Bible to the front to prove it.

It's also worth having a prize for the winner. So perhaps some mini chocolate bars are worth keeping on standby.

Romans 12:1-2



○ Icebreaker - 15 mins

Problem solving challenge.

Using any of the materials provided to you, create a structure that will hold as many marshmallows off the ground as possible.

Split the group into pairs or small groups. The group that builds the structure that holds the most marshmallows off the ground wins. Marshmallows should be held steadily, no precarious balancing acts. The structure should be free standing. Keep adding marshmallows until no more will fit, or until the structure collapses. If you think your group will be very good at this, give them more difficult materials to build with or limit bonding materials like tape.

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○ Discussion - 15 mins

In black are questions to read out to start discussion, in red are some pointers for guiding your discussion.

What is christian living?

Should christians live differently to the rest of the world? Do your friends that know you're a christian expect you to act differently to others? The Bible teaches that we will be transformed by God's Spirit and we will know by the fruits of the spirit. Read Galatians 5:13-end

What does it mean to worship God with every breath?

Letting our whole lives be pleasing to God. Being aware of all our words and our actions. Relationships require investment. The more time we spend with God the better we can know Him.

Why is church important?

For encouragement, discipleship, family and community. For teaching and questioning, for holding one another accountable. Discuss each of these things and see if you can come up with any more.

Perhaps talk about what church would have looked like in the first century, use the early chapters in Acts as a guide.

○ Creative Worship - 15 mins

Make a face mask and decorate it/write on it characteristics of God that you would like more of in your life. It could be that you encourage the group to think of great people or some of their heroes and create a mask which shows some of their great strengths and characteristics.

Face masks can easily be made by cutting eye holes in paper plates, or you can buy pre made face masks of varying quality and price online.

Once the group have decorated their face mask ask if anybody would like to share what they have done.

Get a group photo with everyone wearing their masks.

○ Takeaway - 5 mins

Cut the self adhesive foil sheets up into smaller squares or rectangles, big enough to stick on the back of a mobile phone.

Have each young person take a piece and stick it to the back of their phone as a reminder that they are made in God's image and that by spending time with Him and in His word that they will be changed to be more like Him.

Pray to finish that God's Holy Spirit will continue to grow and shape these young people to be more like Him.

The End

This is the end of the Year of the Bible Lent Course for youth. We hope it went really well and we would love to hear your feedback. what worked well and what didn't?

But most of all we'd love to hear any good news stories about the journey that young people have been on in the last six weeks.

Please drop us a line: youth@chichester.anglican.org

I wait
FOR YOUR
word
TO RENEW
me