

# Week 5 - The Gospels

## Hear the Word of the Lord

A Lent course for the Diocese of Chichester's  
Year of the Bible

For youth



DIOCESE OF  
CHICHESTER

TO KNOW • LOVE • FOLLOW JESUS



YEAR OF THE BIBLE 2017

## Week 5 - The Gospels

### ○ Aim

To understand that the Gospels are all about Jesus and as Christians Jesus is the lens through which we should read the whole Bible. Jesus changed lives and still does today.

### ○ Learning outcomes

- What are the Gospels.
- Jesus is the messiah prophesied in the Old Testament.
- Jesus was not an after thought but part of God's plan from the beginning.
- God wants to guide us and do relationship with us.
- Jesus means we no longer have to jump through hoops to be in God's presence or to receive His Spirit.

### ○ Materials Needed

Duct tape (gaffa tape).

Blindfolds.

Effervescent tablets or Alka seltzer (any tablet that will fizz when you put it in water).

Bowl of water.

Bible passage handouts - accompaniment sheet.

### ○ Video - 5 mins

Week 5 - Jonny Lewis

This video can be found online at [youth.chichester.anglican.org/lent/videos](http://youth.chichester.anglican.org/lent/videos)

*It's up to you where in the session you use the video but either right at the start or after the icebreaker are both good places.*

**Start with prayer...**

### ○ Bible Passage - 5 mins

The Bible passage can be read aloud from the front by the session leader or by one of the young people. Alternatively you may want young people to read a verse each around a circle or do something completely different, that's fine.

It might be fun to start with a game of **Bible cowboy**. You will need every young person to have a physical Bible. Every young person stands up with a Bible balanced on their head and takes the cowboy duel stance. The Bible reference is read out or

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placed on a screen where everyone can see it. When the leader shouts DRAW it's a race to be the first person to find the passage and bring their Bible to the front to prove it.

It's also worth having a prize for the winner. So perhaps some mini chocolate bars are worth keeping on standby.

# John 1:35-51



## ○ Icebreaker - 15 mins

Blindfolded minefield!

Every member of the group must get from one side of the room to the other without stepping on or brushing past any mines! The mines are balls made from gaffa tape, rolled with the sticky bit on the outside!

Members of the group wear blindfolds and try to navigate across the room with just verbal instructions from other members of the group.

You can do this in teams and turn it into a race.



I have heard it suggested that this game can instead be played with pieces of lego as mines and players navigate the minefield barefoot. I will leave it up to you to decide if this is appropriate for your group.

## ○ Discussion - 15 mins

*In black are questions to read out to start discussion, in red are some pointers for guiding your discussion.*

**In John 14:6 Jesus says 'I am the way, the truth and the life, nobody comes to the father except through me.' What did Jesus really mean by this?**

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**What does it mean to give your life to Jesus or to give part of your life over to Him?**

*It could mean giving something up or it could mean allowing God to use your gifts to bring praise to Him.*

**How do you pray?**

*Do you ever just do conversation with God? Does He ever talk back to you? What can you do to listen to what God is saying to you? God speaks through the Bible but will speak in many other ways too.*

**Gospel means good news, what is the good news in the Gospels?**

*Jesus is the messiah, he is the one that means we can now be in relationship with God without the fear of death. You may want to talk a little about the holy of holies and the rabbi that would wear a rope to enter. The rituals that Jews had to go through to be clean enough to enter God's presence. Jesus has removed the gap between a holy God and an unholy people.*

**How does God guide us?**

*Encourage people to share stories of how God has guided or supported them through something in their life.*

### ○ Creative Worship - 15 mins

Put out a bowl of water and enough effervescent tablets or alca-seltzer tablets for every young person. When they place the tablet into the bowl of water it will fizz and dissolve.

Invite the young people to come forward and to take a tablet. Give them a minute or two to think of what skills and gifts they have and how God might use them.

When they have thought of something, get them to place it into the water and watch it fizz. As they do encourage them to pray in their hearts that God would take and use this gift for his kingdom.

### ○ Takeaway - 5 mins

Get the young people to take one of the bible passage takeaways. Encourage them to place this in their wallet or put it somewhere they will see it. The passage is John 1:14 which reminds us that God became man in Jesus. He is the word made flesh which we meet with through the Holy Spirit as we read the Bible.