

Week

2

# I am called

A Lent course for the youth  
of the Diocese of Chichester



YEAR OF VOCATION  
2019

## Aim

We want each young person to know that they have a purpose, have been called by God and that he calls them His own. Their future is an adventure with God everyday in the excitement and the mundane. We want to ask the question: What will they do with their life? And will they plan it with God?

## Learning Outcome

- God wants the best for you.
- God has a plan for your life.
- God wants to walk this life with you.

## Materials Needed

- Badge Maker/premade badge kits available online here or from good craft supply shops. [https://smile.amazon.co.uk/Baker-Ross-Design-Decorate-Fillers/dp/B0071XUF8G/ref=sr\\_1\\_2\\_sspa?ie=UTF8&qid=1547743150&sr=8-2-spons&keywords=badge+maker&psc=1](https://smile.amazon.co.uk/Baker-Ross-Design-Decorate-Fillers/dp/B0071XUF8G/ref=sr_1_2_sspa?ie=UTF8&qid=1547743150&sr=8-2-spons&keywords=badge+maker&psc=1)
- Bizarre jobs worksheet found at <http://youth.chichester.anglican.org/lent>
- Spiritual Gifts printout also available from <http://youth.chichester.anglican.org/lent>
- Screen and speakers for showing video clips
- A4 paper and pens—enough for every person in the group

## Informal Start/Recap

Ask the young people what they did with their puzzle from last week and if that has been an encouragement. See if anybody can remember the memory verse from the previous week. If not the entire verse can they remember any of it?

John 1:12 But to all who believed him and accepted him, he gave the right to become children of God. - NLT

## Icebreaker

Download and print out the bizarre jobs worksheet for this week. You'll find it on the website – see link above in Resources needed section.

From the front you read out the name of one the job names. Everybody must come up with a description of what that job is. You collect up all the answers and read them out including the real answer – try to read them in language that all sounds the same.

Everybody then votes for which one they think is the correct answer.

You get a point for each person that thinks your explanation is correct, you also get a point if you guess the correct answer.

Depending on the size of your group you may want to put the job titles up on a screen.

## Video Clip and Bible Verse

The adult Diocesan Lent course includes videos of local people and their testimony. How they relate to God. Here is one of the videos showing Adam speaking about his relationship with God <https://www.youtube.com/watch?v=pcVaO71RjpU&feature=youtu.be>

If you don't think the video of Adam is appropriate for your group you may want to show the three trees video instead. <https://www.youtube.com/watch?v=fywhFx5ICl4&t=296s>

## Discussion

- What plans/dreams do you have for your life?

Have you begun to think about it? Would you like a career? Would you like a family? Who helps you to decide what you might be good at or enjoy doing? School, parents, friends, your hobbies, talents? There might be things you never even thought of or heard of.

- Jeremiah 29:11 – God says he knows the plans he has for you and they are good plans. What do you think about this?

Do you think God knows what you might like to do? Do you think he has a part to play in your job/career/future? Remind the group of some of the things you heard last week about what God says about you. How does that apply here with our jobs and future life?

- Proverbs 16:3 – Commit to the Lord whatever you do, and he will establish your plans – What does it mean to commit your plans to the Lord?

Does this mean that God will help us to do anything that we plan? God is interested in your life, and he can be and wants to be part of your future. Part of committing your plans to God is talking to him and establishing what his plans for your life are too.

Verse 9 – In their hearts humans plan their course, but the Lord establishes their steps – God is part of the journey as much as school, parents and friends are part of the decision.

- What are you good at? Do you consider these things gifts from God? What do you like to do, what comes naturally to you? Spiritual gifts come from God and we all have them, we sometimes need others to help us see them. What are the gifts that God give us? Which ones do you do well? How do these gifts fit to some of the jobs we know about in the world?

If you showed the three trees video: They couldn't see how their dreams in life were coming true for a long time. When they did see it, they were amazed at what God could do with them. It was exactly what they were supposed to do.

## Response/Creative Prayer

Have a list of the spiritual gifts talked about in 1Corinthians 12 on bits of paper and scattered around a table (worksheet available from <http://youth.chichester.anglican.org/lent>) and get the young people to look at them and to spend time on their own thinking about what they are good at. Doing this on their own doesn't put pressure on them to be vocal or embarrassed about what they are good at.

Then after a few minutes of being on their own gather them into a group. Give each person a pen and an A4 piece of paper. Get them to write their name clearly at the top of the paper. Pass the paper to the person on the right – give them 60 seconds to ask God what He sees in that person and then write it down at the bottom of the paper – **Something encouraging or good**. When they have finished fold up the paper, so their writing is covered but the name is still visible and ready for the next person. Pass to the right keeping going until the paper is back with the owner. It should be filled with positive and encouraging words that their friends see and hear from God for them.

## Memory Verse

Joshua 1:9 - Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go. Write the bible verse out on cards – just one word per card – hand the cards out to the group and get them to put it in order.

## Takeaway

### Badge making.

You have a bright future, God wants to be part of it because he created you and dreamt it up for you. – Take some time to design a badge that you can keep or give away with an encouragement on it. Perhaps use the Jeremiah bible verse or simply write I AM CALLED or I HAVE A PURPOSE. Allow some time to be creative.

## Final Game

### Aquaduct –

Mark out two lines on the floor one each end of the room. One end is the well the other end is home You need to move water from the well to home using just a cup, four pieces of string and a rubber band. – If you played the games from the lent course a couple of years ago then you will have made this cup carrying contraption before – Tie the four pieces of string to the rubber band allowing the rubber band to be stretched open and controlled to hold a cup.

In this game you can place the cup down at the well, pour water from the container into the cup then use the rubber band and string contraption to carry the water home. Nothing else can touch the cup until you get home, if it does you must return to the well.

The game is a race to transfer as much water as you can from the well to home.

You can do this game until all the water has been transferred and then see who lost the least.

Alternatively you can time it and see who transfers the most water in the time allowed.